



London Clinical Senate

Southside
105 Victoria Street
London SW1E 6QT

Enquiries to: england.londonclinicalsenate@nhs.net

27 February 2015

Dear Colleagues

Supporting Young Adults to Self Care: Call for Evidence

The NHS Five Year Forward View highlighted the need to offer “opportunities for better health through...supported self-care”. In addition both the London Clinical Senate Forum and the work of the London Health Commission identified self-care as a major priority for the health system in London.

The London Clinical Senate has established a Self-Care Programme Board to undertake an evidence review and deliver a series of engagement events across London to identify standards of good practice for commissioning self-care programmes for young adults with long term conditions.

In order to effectively manage long term conditions we recognise that support is needed outside traditional health services, so we would like to hear from as wide a range of sectors who are involved in commissioning or providing services or supporting young adults to live well as possible. It is also important for us to hear from individuals to understand their experiences of self-care.

We would ask you to please respond to the attached call for evidence and circulate it amongst your wider teams and networks.

Evidence should be submitted to England.selfcareLCS@nhs.net by 10 April.

Yours sincerely

Dr Jane Collins
Chief Executive, Marie Curie
Cancer Care
Chair, London Clinical Senate
Council

Dr Andy Mitchell
Regional Medical Director,
NHS England (London Region)
Co-Chair, London Clinical
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Caroline Alexander
Chief Nurse, NHS England
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